

Vocabulary: Adverbs of Frequency

- 100% – **always** – She likes dancing. She **always** goes to the night club to dance.
- 90% – **usually** – They **usually** eat breakfast in the morning
- 80% – **normally / generally** – I **normally** go to the gym.
- 70% – **often/ frequently** – They **often** go out for dinner.
- 50% – **sometimes** – I **sometimes** go to the theater with my husband.
- 30% – **occasionally** – I **occasionally** eat junk food.
- 10% – **seldom** – I **seldom** read the newspaper.
- 5% – **hardly ever / rarely** – I **hardly ever** drink alcohol.
- 0% – **never** – I **never** go to bed hungry.