

**Words that (almost) ALWAYS take the *Present Simple* form and (almost) NEVER change to the *Present Progressive* form**

- Hate
- Like
- Love
- Know
- Believe
- Want
- Need
- Understand
- Remember

*Examples:*

- I **like** English class.
- We **want** some candy.
- She **loves** her children.

**Frequency Words use the *Present Simple***

- Always
- Usually
- Normally
- Generally
- Often
- Frequently
- Sometimes
- Occasionally
- Seldom
- Hardly ever/Rarely
- Never

*Examples:*

- She **always takes** a shower in the morning.
- They **usually go** to the park on Tuesdays.
- He **never rides** the bus.

**Time Words use the *Present Progressive* (also called “*Present Continuous*”)**

- Now
- Right now
- At the moment
- Currently
- This week/month/year
- This morning/afternoon/evening
- Tonight
- Tomorrow
- Tomorrow morning/afternoon/evening/night    Later    today/this morning/this afternoon/this evening/tonight
- Next week/month/year

*Examples:*

- Her dad **is talking** on the phone **at this moment**.
- She **is going** to the doctor **tomorrow**.
- I **am playing** soccer **later this afternoon**.
- They **are driving** to New York City **next month**.